

A portrait of Jasper Williams, a Black man with short, curly hair and glasses, smiling. He is wearing a dark suit jacket over a light-colored shirt. His hands are clasped in front of him, and he is wearing a watch on his left wrist. The background is a blue gradient with a city skyline silhouette and large, faint letters 'JW'.

Pastor
Speaker
Mental Health Advocate
Life Coach
Host
CEO
Founder
President
Tech Entrepreneur
Director
Presenter
Radio Host

Jasper Williams

BIO

Jasper Jasper Williams III is not only a distinguished pastor but also a beacon of hope and a compassionate advocate for mental well-being. Driven by his powerful mantra, "I'm done surviving. I'm thriving!" he draws upon over 25 years of personal experience battling mental illness and a rich background in ministry. Jasper has transitioned from his 18-year tenure leading The Church of Atlanta to a keenly fulfilling role in mental health advocacy while continuing to embrace his love for sound biblical preaching and teaching. Preaching runs in his genes, and he deeply values the sacred connection with congregational settings.

Jasper's story about mental health began more than two decades ago. Still, it was a pivotal moment in January 2020, when he received a long-awaited diagnosis, that truly ignited his passion. This diagnosis was more than a personal milestone; it became the driving force behind his mission to promote mental wellness, especially among men who often endure their battles quietly. Jasper's dedication is rooted in his own experiences, and he is committed to guiding others through their mental health challenges with compassion and insight.

As a distinguished orator, Jasper possesses a remarkable ability to touch the hearts and minds of his audience at both live and virtual events. He has graced prestigious platforms such as the Gospel One Love Cruise and the renowned V103. His great wisdom, gained from his journey and years of advocacy, is further shared through his insightful contributions to influential podcasts such as "Let's Be Clear" with Dr. Jamal Bryant and "ManUp Certified" with KD Bowe.

Jasper's unwavering commitment to fostering mental well-being is evident through his active participation in forums like the Black Everywhere Mental Health Forum. Here, he engages in thought-provoking discussions to keep the conversation on mental health vibrant and impactful. His deeply personal speaking topics, including "The Perils of Misdiagnosis," "Men Silently Enduring," and "Preserving Composure Amidst Personal Struggles," demonstrate his understanding of the intricate connection between mental health and daily life.

However, Jasper's personal life underscores the authenticity of his message. He cherishes the strong support of his beloved wife, Alecia, and their ever-loving children, Jordan Alyse and Jasper IV. Their steadfast love and remarkable resilience serve as a poignant testament to the transformative power of assistance and familial bonds in overcoming life's challenges.

In this phase of his life, Pastor Jasper is wholeheartedly dedicated to promoting mental well-being and inspiring individuals not merely to endure but to flourish despite their challenges. At the same time, he remains passionate about his role as a preacher, continuing to embrace sound biblical teaching and the spiritual nourishment that comes from connecting with congregations. His journey serves as a touching reminder that even in the midst of our most difficult times, there exists hope, strength, and the potential for a brighter future.

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Jasper Williams

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AS SEEN ON

- Relevant Life TV - local tv broadcast
- 102.5 ManUp Mondays
- New Birth Baptist Church "Group Therapy"
- Gospel One Love Cruise
- V103 Love and Relationship Cruise
- ManUp Certified Podcast w/ KD Bowe
- The Jamal Bryant Podcast: "Let's Be Clear"
- Black Everywhere Mental Health Forum

Jasper Williams

SPEAKING POINTS

- The Danger of a Misdiagnosis
- Leading and Bleeding
- Changing for the Wrong Person
- The Critical Danger of Not Taking a Break
- Mental Health's Impact on Relationships
- The Struggle of Mental Health and Fatherhood
- Keeping It All Together when You're Coming Apart
- What does it mean to Thrive?
- Ordained Preacher of the Gospel: Able to minister on all biblical and faith based messages

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Jasper Williams

CONNECT



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